

# Successful Co-Parenting: A Family Stability Program

## Purpose

The Successful Co-Parenting program aims to familiarize parents with information, skills, and techniques to minimize the negative effect of separation and divorce on children and promote positive adjustment during the divorce process. The curriculum is divided into three main sections: Taking Care of You, Taking Care of Your Child, and Taking Care of Your New Co-Parent Relationship. To complement the program, a participant booklet is included to use during the class and for future reference.

## Impact

2014 Pilot Results (n=750): 93% Learned new information; 93% Reported class was helpful; 89% Felt more prepared to co-parent; 95% Plan to use the information learned

The Successful Co-Parenting program can impact communities in two ways: 1) Reduce court costs and 2) reduce costs to child and family services.

Co-parenting classes also benefit children. Parents have found these classes useful in helping them be more attentive to their child's needs in assisting children in the coping process.

## Ohio State Colleges/Units Involved

College of Education and  
Human Ecology  
College of Food, Agricultural, and  
Environmental Sciences

## Community Partners Involved

County Family Courts  
(Domestic Relations)  
County Job and Family  
Services Offices

## How you can get involved:

- Support our partners
- Volunteer to assist with program
- Provide child care for other volunteers

## To get involved, contact:

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